

Chapter 4 – Out of Egypt
Day One – God’s Choice

Today’s reading: Page 43 through bottom of page 48

This reading covers: Exodus 1-4

Summary: God can use anyone he chooses.

Do together: Play a game where doing things simultaneously gets harder and harder. Pat your head. Now pat your head and rub your stomach. Now, pat your head, rub your stomach and stick your tongue in and out. Now, pat your head, rub your stomach, stick your tongue in and out and bounce on one leg. Now, pat your head, rub your stomach, stick your tongue in and out, bounce on one leg and keep turning to face a different wall.

Think about: There are some things we feel very comfortable doing because we can do them well, like just patting our head. There are some things that are harder to do, like that last combination maneuver! What are some subjects at school you find more difficult than others? What are some sports or other activity you have to work hard at? Sometimes God might ask us to do things we are uncomfortable doing or that don’t come easily. Remember how he asked Moses to be a leader? God knew that Moses was the right person to do the job. Remember what he told Moses? “I will be with you.” That made all the difference! God has chosen each and every one of us for certain things and he promises to be with us too.

Also read: Isaiah 41:10; Jeremiah 29:11

Prayer: Holy Spirit, Please be with us so we can do the things you have chosen us to do. In Jesus’ name, Amen.

Chapter 4 – Out of Egypt Day Two – God is in Charge

Today's reading: Bottom of page 48 through top of page 55

This reading covers: Exodus 5-14

Summary: By bringing his people out of Egypt, God shows he is in charge of everything.

Do together: Take turns pretending to be a King (or Queen). Have the King sit on a throne (pillows stacked on the couch), and order subjects to bow down before him. Whatever the King says, the others do. End pretend time by explaining that a King is always in charge. He makes up rules and people obey them.

Think about: Pharaoh was the King of Egypt and thought he was in charge of whether or not God's people could leave. But who is really in charge of everything and everybody, even kings? How did God show his power over Pharaoh? Isn't it wonderful to know that God loves you and is totally in charge of your life? The rules that he makes for us to obey are always for our good.

Also read: Romans 8:28; Matthew 28:18

Prayer: God, you are our King. Thank you for loving us and being in charge of everything we do. In Jesus' name, Amen.

Chapter 4 – Out of Egypt
Day Three – Trusting God Everyday

Today's reading: Top of page 55 through end of chapter

This reading covers: Exodus 15-17

Summary: God wants us to depend on him every day.

Do together: Draw a "My Food Comes From" chart. At the bottom of a page, have everyone draw a picture of an apple. Next draw an arrow pointing upward and draw a picture of a grocery store. Another arrow; then a picture of a tree. Another arrow and finally a picture that symbolizes God – perhaps a cloud, a smiling sun and the word "God".

Think about: Just as God made sure the people of Israel had meat and bread to eat, he also provides us with all the things we need to live every day. What are some other things besides food that God gives our family? Did you notice how the people in the story complained a lot and worried about things? How do you think that made God feel that they didn't trust him or appreciate all he had done?

Also read: Matthew 6:25-34

Prayer: Father, Thank you for the food we eat and for all the other things you give us every day. In Jesus name, Amen.